

Rules of Conduct for Oakley Fight Club & Fitness

We are a small business and therefore require ALL and EVERY member to pay in order to keep our doors open. Your account must be up to date every time you work out. No exceptions.

Every member must check in at the front desk. Please treat our front desk with respect and never ignore them.

Our staff works hard to keep the gym clean and orderly, please always return equipment from where you got it and wipe down any equipment after use.

We want anyone that walks in our door to leave in one piece. Safety is our top priority, therefore everyone must always wear protective gear for sparring.

All of our trainers are or were boxers, amateur or professional. Please respect their opinions, advice and instruction, everything they say is to help you get better.

If you would like to listen to your own music, wear headphones. You may not bring and play your own music via speakers.

Everyone must always wear shoes.

Lockers are available to rent overnight. If you leave items in a locker that you have not rented, please understand that it will be cleaned out. If you do rent a locker, keep it clean and odor free.

All heavy bags are designed for boxing, they are not for kicking. Please do not try to break the speed bags.

No one likes being sick, and we understand if you refuse to let sickness slow you down. But please respect other members desire to not be exposed to anything. Let your body rest and stay at home if you are sick.

The gym is not your bedroom, and we are not your mother. If you leave equipment, we try to set it aside for you, but we are not responsible for anything you leave behind.

We are a family environment and do not mind if you bring siblings or children to sit quietly, but our weights and fitness supplies are available for active members, and children are not allowed to play with them.